

# What I learned through my own personal experience. My Daily Walk in Healing and Deliverance

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## 5 Keys to Freedom

### How to Remove Spiritual Baggage

#### #1- **KNOW** that God the Father loves you and wants you healed.

It's one thing to believe...it's another to KNOW!! I finally came to know at age 72.

He's not mad at you. He's not angry with you. He wants you to come to him so He can love you and work things out. He's your Father. The devil wants you to believe otherwise. The devil wants you to feel condemnation. The Father never wants you to feel like that. If you belong to God, He is for you and loves you **without conditions**

**Romans 8:38-39 - 38** For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, **39** nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

The best teaching Kevin Riordan's ministry intensive and came away for the first time in my life with a real knowing of the Father's love. There were demonic forces keeping me from knowing the absolute and total love of the Father was broken and cast out. Maybe it will be the same for some of you.

#### From Kevin Riordan

The revealed Love of God is the cure for the broken hearted.

Many in the church have hearts that have been traumatized to the point where they are in 1000 pieces. After years of pain and abuse all you can identify with is what you experienced. When years are spent under abuse it is easy to begin to view ourselves through the eyes of the abuser, through demonic filters. We assume that We are not good, not worthy of love, even deserving of the abuse. These beliefs become the brick and mortar that we use to build walls around our hearts. Wearing shame like a lead coat, big and bulky, we pursue God yet run from Him at the same time.

You believe that God loves you with your head and are forever trying to convince yourself of this. But there is a block between your head and your heart.

Jesus has set your worth.

He set it with His blood. He died for you. You were worth more to Him than His life. His blood was shed to put your broken heart back together. The Lord is saying "where abuse has stolen your identity, My blood was shed to get it back."

The Lord is saying "YOU ARE NOT THE WORDS THAT HE SPOKE OVER YOU! YOU WERE NOT DESERVING OF WHAT HE DID TO YOU!"

You are beauty and grace, you are pure and lovely. I have removed your grave clothes, those filthy rags. You are clothed in white. I'm giving you my eyes, eyes to see that you are clean.

I have begun to take you through a season of restoration. I am sending people to you with golden hands and tongues, healing hands and tongues. They are my tools to restore your heart. Though they seem to be the very opposite. It is brokenness that is making you want to retreat back to your safe place that's never been very safe, or comfortable. Do not reject love. My love's intent is to remove the bricks, drive out fear, to bring you to a place of intimacy, where your heart will be put back together with gold as the mortar. I am removing from you the coat of shame. I am clothing you in my love, and My love fits you perfectly."

God loves you more than you can imagine and the devil has done his work to make you think otherwise.

## **#2-LEARN the enemy's ways. (how demonic infiltration happens)**

Here is what I learned from Everett Cox and my personal experience

### **MIND, BODY, SPIRIT**

**1 Thessalonians 5:23** - Now may the God of peace Himself sanctify you completely; and may your whole **spirit, soul, and body** be preserved blameless at the coming of our Lord Jesus Christ.

White jacket experience

Open doors – Legal Rights

Handout

The root of bondage is in your mind. This is the case for many believers. They are tormented by unwanted thoughts. Many live with an inner dialogue of rejection, guilt, shame and fear. They think to themselves "what is wrong with my brain!?" It's the devil! They are not your thoughts!

## **#3-UNDERSTAND what Jesus did for us on the cross.**

Jesus defeated all sin and all the fruits of sin on the cross...sickness, infirmities, demons, poverty, physical afflictions. If it didn't exist before the fall of Adam and Eve it comes from sin and it is defeated. He died and rose again 2000 years ago to buy back everything that was lost at the fall. Jesus paid the price not only for our sin but for our healing as well. If Jesus only wanted to die for your sin, He would have gone to the cross and spared Himself the beating on His back. But there is healing for every sickness and disease because of that beating on His back. Isaiah declares in chapter 53 that by His stripes there is healing for those who discern.

So the ENEMY has been defeated. What's left is demonic illegal trespassing demon garbage. So how do we take the garbage out? CONFESS/FORGIVE/RENOUCE/REPENT/EXPEL in Jesus' name

### **This IS WHAT WE ARE DOING THIS EVENING**

**1 John 1:9**, which says, "If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

Key points about this verse: **Immediate forgiveness:** This verse emphasizes that God is ready and willing to forgive us as soon as we confess our sins.

#### **#4- RECEIVE and believe the authority Jesus gave to us for healing.**

**Luke 10:19** Behold, I give you the authority to trample on serpents and scorpions and over **ALL** the power of the enemy; and nothing shall by any means hurt you.” (Memorize and quote daily)

**Mark 16:17-18** “And these signs shall follow them that believe: In my name they shall cast out devils; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay their hands on the sick, and they shall recover”.

**John 14:12** “I say unto you, anyone who believes in me, the works that I do; he shall do also; and greater works than these shall he do because I go to the Father.”

To be effective in prayer, you must understand what Jesus accomplished on the cross.

Jesus defeated sin, sickness, demons, and poverty.

Next you must understand that all authority in heaven and earth was given to Jesus, and He placed that authority on you. You have been given authority over sin, sickness, demons, and poverty.

Where once you were subject to these things, now as a son of God, these things are now subject to you! Next stop begging God to defeat in your life what God has already defeated in your life. Jesus died for you to have these things, stop praying as if He is withholding these things from you.

Finally, use your God given authority to command healing, freedom and prosperity in your life.

#### **#5- TAKE CONFIDENT ACTION using His authority to be free.**

Know the truth. Know your authority. Speak it in a confident commanding way. Not a wimpy way.

Faith, authority and power.

Remember FAPS

Faith, Authority, Power Speak (power is Holy Spirit)

The first step to releasing the Kingdom of God is understanding that we, through the cross have full power, and full authority to do so!

## **WARFARE PREPARATION**

As Deliverance ministers, we pray and declare over those who have signed up for ministry on any Monday night, for those that are coming for ministry tonight, and for those who have received ministry in the past...

1. We declare that the demons may be cut off from all communication, help from other demons and Satan.
2. We declare that the demons would be confused and weakened in their hold on the person.
3. We declare that the person would be strengthened in their faith to understand their position in Christ and to trust and obey God's Word.
4. We declare that the person may be able to distinguish between his thoughts and feelings and those of the enemy.
5. We declare that the person might recognize the demonic presence and not be confused or afraid, but willingly seek godly counsel and help.
6. We declare and ask that God would protect and guide His children and set angelic forces at work to break up every scheme of the enemy.
7. We call on warring angels to gather around each individual with swords drawn, doing battle against the forces of darkness so that we, as ministers, may heal the broken hearted, cast out demons, and heal the sick, releasing the fullness of the Holy Spirit.

The prayer structure that Jesus laid out... Matthew 6:9-13

"Pray like this:

1. Spend time in worship. Meditate on the cross, declaring His victory, praising Him for it. Worship Him for who He is and all He has done for you, take communion:

Our Father in heaven, may your name be kept holy.

2. Pray for the lost, commanding the enemies hold to be broken, asking God to open your eyes to see opportunities, and boldness to take them:

May your Kingdom come soon. May your will be done on earth, as it is in heaven.

3. Asking (not begging) for provision. Declaring it is done, commanding the enemy to release it:

Give us today the food we need,

4. Repent for any sins committed knowingly or unknowingly:  
and forgive us our sins,

5. Forgive anyone who has hurt you or annoyed you:

as we have forgiven those who sin against us.

6. Asking the Lord open your eyes to any demonic plan to trap you, praying for grace to crucify your flesh:

And don't let us yield to temptation,

7. Praying for your personal healing, and deliverance (not begging). Declaring it is done, commanding the enemy to release it:

but rescue us from the evil one."